



Olga Barg, MD  
Associate Professor of Clinical  
Psychiatry

## Happy Holiday Season!

As we approach the 2025 holiday season, we extend heartfelt wishes for peace and joy to all our ambulatory psychiatry staff. Your dedication to our patients, their families, and each other is truly remarkable, and we encourage you to prioritize self-care, nurture your loved ones, and support your colleagues during this festive time. We recognize that the holidays can be challenging for some patients, making your empathy and compassion more vital than ever. Please take advantage of wellness resources offered through the health system and university, and lean on each other and your personal support networks to stay resilient and connected.



Jeremy Tyler, Psy.D.  
Associate Professor of Clinical  
Psychiatry



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### **Charlie Palmer, MD**

Dr. Palmer is a Psychiatrist and Neurologist who specializes in the comprehensive care of complex neuropsychiatric conditions. His clinical focus is on treating mood, anxiety, impulse control, and cognitive symptoms in patients with brain diseases, especially when prior

treatments have not been effective. He sees patients both in the department of Neurology as well as in Interventional Psychiatry.

His research focuses on developing and improving access to personalized, targeted neuromodulation therapies such as transcranial magnetic stimulation (TMS), deep brain stimulation (DBS), and focused ultrasound (FUS), and he has presented at numerous national and international conferences on his work in this area. He is the co-founder of the Neurohumanities Network, a national group which focuses on the intersection of the arts, humanities, and neurosciences. Through collaborations in psychiatry, neurology, neurosurgery, neuroscience, and rehabilitation, his goal is to provide a bridge to break down the barriers in the care of brain disorders.



### **Amanda Waffle, PsyD**

The Center for Cognitive Therapy (CCT) welcomed our new Clinical Postdoctoral Fellow, Amanda Waffle, Psy.D., to our team in September. She brings a wealth of knowledge in CBT and DBT from her years as a doctoral student at LaSalle University and as a psychology intern at Rutgers University. Dr. Waffle is planning to collaborate with our current psychology intern, Katherine Sadek, M.Ed., in forming and running CCT's first-ever DBT skills group.


**Sara Mitchell, LCSW**

Sara Mitchell is a licensed clinical social worker at the Penn Center for Women's Behavioral Wellness. She earned her Master of Social Work from Fordham University in 2016. Sara developed an interest in maternal mental health

following years of work with children and families, where she observed a need for specialized mental health care for people in the perinatal period. Prior to joining PCWBW, Sara created and led prenatal and postpartum support groups at an integrative health center, where she also provided individual therapy to women across the reproductive lifespan. The foundation of Sara's treatment approach is the therapeutic relationship, which she believes is essential in fostering resilience, healing, and growth.


**Sarah Markert**

Sarah Markert recently joined the Penn Center for Women's Emotional Wellness as a postdoctoral fellow after earning her PhD in Clinical Psychology from Duke University. Her research and clinical work center

on reproductive mental health, with a focus on the multigenerational impact of early parent-infant relationships and the integration of Acceptance and Commitment Therapy (ACT) into perinatal care. Sarah is passionate about helping individuals find meaning, connection, and self-compassion amid life's challenges, and she approaches therapy with warmth, genuineness, and curiosity. Originally from the Philadelphia area, she is thrilled to be returning home to serve her local community. Outside of work, Sarah enjoys spending time in nature, creating art, and sharing life with her husband, pets, and loved ones.


**Gabrielle Maloney, DCFT-MFT**

Gabrielle is a pre-licensed Marriage and Family Therapist who holds a Clinical Doctorate in Couples and Family Therapy, as well as a Master of Family Therapy from Drexel University.

Gabrielle's mission as a therapist is to create a safe, warm and secure therapeutic space where all her clients – families, couples, or individuals – can thrive. She adopts a systemic and social justice approach to cultivate an environment where her clients feel values, understood, and empowered by their experiences. In addition to being a fulltime therapist at Hall Mercer, Gabrielle is also a PhD student in Couples and Family Therapy, where she combines her clinical practice with her research – currently focused on enhancing mental health equity and accessibility for children and adolescents, while specifically addressing the relational and cultural dynamics of interracial and intercultural families, and identity development of biracial and multiracial young people.


**Deepa Avula, MA, BC-DMT**

Deepa is a board-certified Dance/Movement therapist who joined the Hall Mercer team in August. Deepa comes to Hall Mercer with a background working with diverse individuals, couples,

and families over the past eight years in both India and the United States.

In addition to working as a per-diem therapist on the Hall Mercer Child/Family outpatient team, Deepa is also a PhD student in Couples and Family Therapy, where she continues to explore the overlap between somatic, movement-based therapies and relational (family and couples) therapies.

## WE WELCOME THE 2025-2026 HALL-MERCER PSYCHOTHERAPY TRAINING PROGRAM COHORT



### **Yuqing (Ally) Bao**

I am currently studying Professional Counseling at the University of Pennsylvania. My career interests include working with mood disorders and exploring dual diagnosis, particularly the intersection of mood disorders with drug and alcohol dependence. A fun fact about me is that although I am from China, I am ethnically Mongolian.



### **Fangye (Emily) Chen**

I am a second-year graduate student at the University of Pennsylvania majoring in Professional Counseling. My focus is on working with children, adolescents, and families. I am thrilled to begin my internship at Hall mercer. A fun fact about me is that I have a sister who is 10 years younger, but she's 5'7" while I'm only 5'2". Whenever we're out together, people always assume I'm the younger sibling.



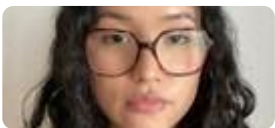
### **Jiaqi (Tina) Feng**

I am a second-year student in the Professional Counseling program at the University of Pennsylvania. I'm interested in working with both children and adults, especially individuals with minority backgrounds. So far, my clinical interests are mood disorders, anxiety and OCD related disorders, trauma, ADHD and grief. I am open to a variety of training experiences. A fun fact about me is that I started to make ceramics this year as my new hobby.



### **Ethan Hammett**

I am a second-year graduate student in the Community and Trauma (Clinical Mental Health) Counseling program at Thomas Jefferson University, concentrating in Trauma, Addictions and Recovery. I am interested in working with community members facing co-occurring substance use and a mental health diagnosis. I hope to one day contribute to the field of substance use neuropsychology in proactive or research. A fun fact about me is that I have a cat and a dog. I enjoy exploring Philadelphia and trying new recipes.



### **Ximena Iglesias**

I am a second-year Counseling Psychology graduate student at Temple University. I have an interest in developing my trauma-informed counseling practices and gaining experience working with diverse populations. A fun fact about me is that I can hula hoop really well!



### **Vasiliki Karagiorgi**

I am a Menal Health Counseling Psychology student at Temple University. As a future therapist, I'm passionate about psychoeducation, especially in underserved communities while exploring other paths within the profession. A fun fact about me is that I love to chat in English, Spanish or Greek. I love traveling the world and have a very cute dog named Jojo.



### **Zeal Shah**

I am a second-year master's student in Professional Counseling at the University of Pennsylvania. I love connecting with people and hearing their stories with the hope of empowering them to lead a life that is meaningful and fulfilling. While I'm exploring my specialization, I've recently been especially curious about trauma and grief work. A fun fact about me is that I enjoy traveling and doing small acts of kindness.





### **Nick Sherri**

I am a Master of Social Work student at the University of Pennsylvania School of Social Policy and Practice. I am beginning my final year of the program and will be pursuing a Home and School Visitor Certification. My career interests include outpatient therapy, medical social work, school social work and school based HBHS. A fun fact about me is that I am an avid Philadelphia Eagles and Phillies fan.



### **Isabella (Bella) Vishnevsky**

I am a second-year student studying Community and Trauma Counseling at Thomas Jefferson University. I hope to become a licensed professional counselor and work with a variety of populations like children with Autism, women and children, people with chronic illness and more. A fun fact about me is that my favorite holiday is Halloween.



### **Quanhan (Nick) Zhou**

I am a graduate student in the Professional Counseling program at the University of Pennsylvania. My career interests include trauma-informed therapy, CBT with a person-centered approach, and integrating positive psychology into counseling. I'm passionate about working in underserved communities and exploring cases involving personality disorders. A fun fact about me is that I love cooking and experimenting in the kitchen as my friends often say that I treat it like a science project.



**Penn Medicine**  
Outpatient Psychiatry Clinic



**Daleang Hong, LPN** is the newest addition to the OPC's nursing team. Daleang brings years of experience from Penn Medicine Outpatient Clinics. She began working as a Medical Assistant at University City Internal Medicine practice 7 years ago, and for the last 4 years at Penn Care for Women at Washington Square. Daleang will be providing support to patients, families, and providers of the OPC which will include prior authorizations, long-acting injection clinic support/management, as well as telephone triage. Daleang is excited to be joining the OPC practice and excelling in her new nursing role.



**Akshay Misra, Psy.D.** (he/him) is a postdoctoral fellow in the OPC. He completed his Psy.D. in Clinical Psychology at Roosevelt University in Chicago and his predoctoral internship at Rutgers University - Counseling, Alcohol, and other Drug Assistance Program & Psychiatric Services. Dr. Misra has experience working with adults in university counseling centers, community mental health centers, hospitals, and residential treatment centers.

Dr. Misra's approach is integrative and incorporates relational-cultural therapy (RCT), acceptance and commitment therapy (ACT), psychodynamic therapy, cognitive behavioral therapy (CBT), dialectical behavior therapy (DBT), and interpersonal process approaches.

Central to his work is an emphasis on exploring relationships and culture, understanding experiences of marginalization and oppression, and developing new patterns of relating to self and others. Dr. Misra's work is rooted in liberation and antiracist frameworks, and he is passionate about supporting the LGBTQ+ community. Dr. Misra will be supervised by Dr. Kingfield in the OPC, with a focus on LGBTQ+ healthcare.



**Nikki Crane, Ph.D.** (she/her) is a postdoctoral fellow in the OPC. She completed her Ph.D. in Clinical Psychology at Drexel University and did her predoctoral internship in the Department of Psychiatry at Penn. During her doctoral training, Dr. Crane acquired a broad range of skills in Cognitive Behavioral Therapy, applying it to the treatment of a variety of presenting problems (anxiety, OCD, depression, trauma, sleep, eating concerns, weight loss, and health behavior change). She also has extensive experience working at the intersection of physical and mental health, including adjustment to medical diagnoses and management of chronic health conditions.

Dr. Crane's clinical approach is grounded in evidence-based treatment, and her specialty area is in exposure-based treatment for anxiety, trauma-related disorders, and OCD. She is certified in both Prolonged Exposure Therapy for PTSD and Exposure/Response Prevention for OCD. She also regularly incorporates components of Acceptance and Commitment Therapy (ACT) and Dialectical Behavior Therapy (DBT) into her therapeutic approach, including exploring client's values, emotion regulation skills, and mindfulness. She is passionate about a collaborative approach to therapy and modifying evidence-based treatments based on the unique needs, identities, and goals of her clients.



**Sherie Higgins** is a Clinical Services Coordinator and a Registered Medical Assistant in the OPC. Sherie has over 25 years of experience in healthcare, including 15 years with Penn Medicine. Her career began as a Medical Assistant float, followed by nine years in GI Surgery, and for the past four years, she has served as a Clinical Services Coordinator in Internal Medicine.

Throughout her career, Sherie developed a strong clinical background and a deep commitment to patient care. She is now eager to continue growing by expanding her leadership and administrative skills. She is grateful for the opportunity to learn and contribute to her current role, and her goal is to be an effective leader while maintaining the highest standard of quality care for our patients.



**Lauryn Garner, Ph.D.** (she/her), is an Assistant Professor of Clinical Psychiatry at the Center for the Treatment and Study of Anxiety (CTSA) at the University of Pennsylvania. Dr. Garner received her B.A. from Brandeis University with a major in Psychology. She then worked as a clinical research coordinator at McLean Hospital's Obsessive Compulsive Disorder Institute focusing on research related to the etiology and treatment of OCD. Dr. Garner received her Ph.D. in Clinical Psychology from Fordham University in 2023 following completion of her predoctoral internship at the Corporal Michael J. Crescenz VA Medical Center in Philadelphia, PA.

She completed her postdoctoral studies at the CTSA. Dr. Garner has a clinical and research background in anxiety disorders and implementing exposure-based therapies including exposure and response prevention for OCD, prolonged exposure therapy for posttraumatic stress disorder, and cognitive behavioral therapy for other anxiety and related disorders. Her research interests include mediators and moderators of treatment outcome for anxiety disorders as well as mechanisms of symptom change. At CTSA, Dr. Garner specializes in the treatment of anxiety disorders, OCD and related disorders, and PTSD.



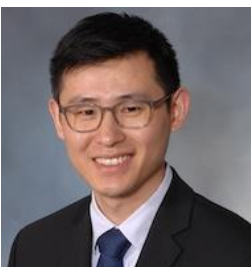
**Marin M. Kautz, PhD**, is a clinical psychologist at the University of Pennsylvania's Center for the Treatment and Study of Anxiety (CTSA). She specializes in evidence-based treatment for children and adolescents with trauma exposure and symptoms of posttraumatic stress disorder. Her clinical services also focus on youth with obsessive-compulsive disorder, anxiety disorders, and self-injury, as well as parent-focused behavioral interventions to support effective coping. At CTSA, Dr. Kautz provides developmentally informed, trauma-focused care that integrates gold-standard treatment approaches for young people and their caregivers. Patients and families who may benefit from these services can be referred to Dr. Kautz by completing the [CTSA youth intake request form](#).



**Rafi Reytan, PhD** (she/her) is an Assistant Professor of Clinical Psychiatry at the Center for the Treatment and Study of Anxiety (CTSA) in the Perelman School of Medicine at the University of Pennsylvania. Dr. Reytan graduated summa cum laude from Tulane University with a Bachelor of Science in Psychology. Following graduation, she worked as a clinical research coordinator at Home Base, a nonprofit Massachusetts General Hospital program serving veterans and military families through clinical care, wellness, research, and education. Dr. Reytan then pursued her doctorate in Clinical Psychology at Temple University, where she conducted research related to the relationship between exposure to violence and maltreatment, executive functioning, and aggression. She also received specialized clinical training through Dr. Philip Kendall's Child and Adolescent Anxiety Disorders Clinic and the Children's Hospital of Philadelphia (neuropsychological assessment for youth with cancer and cancer-predisposition syndromes, trauma-focused cognitive-behavioral therapy for youth with experiences of sexual abuse). Dr. Reytan graduated in 2024 following a year-long clinical internship at Bellevue Hospital and New York University Child Study Center, where she gained experience across multiple levels of care (inpatient, partial hospital, outpatient, primary care), age groups, and evidence-based treatment modalities, including comprehensive Dialectical Behavior Therapy for Adolescents. Dr. Reytan then returned to the Children's Hospital of Philadelphia to complete a fellowship in Clinical Child/Integrated Primary Care Psychology. At the CTSA, Dr. Reytan specializes in the treatment of anxiety, obsessive-compulsive, and posttraumatic stress disorders among children, adolescents, and adults.

**Dr. Emma PeConga**, Postdoctoral Fellow

**Dr. Kendra Whitfield**, Postdoctoral Fellow



**Calvin Chan, MD PhD**, is a recent graduate from the Penn Psychiatry Residency. He brings an interest and expertise in bridging the gap in care between mental health and metabolism. Currently, he is the clinical attending of the Metabolic Psychiatry outpatient clinic in the Center for Weight and Eating Disorders (CWED). His clinic provides care for patients seeking weight loss treatment (i.e. GLP-1 medications), in the setting of psychotropic-driven obesity; treatment of GLP-1 exacerbated mood and anxiety disorders; and management of bariatric patients with mental health needs. Patients that could benefit from these services can be referred to Dr. Chan by calling CWED at 215-898-7314 or 215-746-7193.



## New Treatment Specialties



### **Penn Medicine** **Hall-Mercer Community Mental Health Center**

The department has grown our treatment specialties:

- ❖ We have two therapists and a supervisor who trained in Child Centered Play Therapy (CCPT), and we are now offering CCPT with a specialized play therapy space in our program.
- ❖ We have one therapist and a supervisor trained in EMDR and can offer these services to clients.
- ❖ All our therapists are now trained in TF-CBT
- ❖ Three therapists and a supervisor are trained family therapists, allowing us to expand our family therapy services in an outpatient setting.

Hall-Mercer Community Mental Health Center obtained a Harrison Grant to engage our clients / families in community and resource building events to build natural supports, resource networks, and protective connections.

They held their first event in August - a back-to-school night during which they distributed over 65 backpacks (courtesy of our APP Dept. partners), provided back-to-school haircuts by barbers specially trained to work with neurodivergent kiddos, necessary back-to-school clothing, and created a space for all kids / families in their department to have dinner, engage in crafts and activities, and obtain back-to-school photos. Their next event is a winter holiday gathering that will take place in December!





## OUR LONG-ACTING INJECTABLE (LAI) CLINIC IS NOW OPEN BY DONNA CARTWRIGHT, RN

I am beyond excited to share the news that the OPC has cut the Grand Opening ribbon Tuesday, September 2nd for the LAI Clinic. I have administered our FIRST injection, with many more scheduled!

What I thought was a quick and simple transfer from the prescribers to the nurse turned out to be a bit longer and more complex. As the process moved along, more talented staff joined to contribute their specialty to make this happen by:

- Creating the vision for the LAI clinic
- Providing the proper billing codes,
- Approving equipment and expenses (far beyond what was expected),
- Navigating the sharps and medication boxes,
- Mapping out the workflow,
- Helping push the project when we need it most

I am grateful to the professionals who did the heavy lifting. Please allow me to personally thank some of our team members.

### CPUP Nursing Team

Becky Fitzpatrick, Administrative  
Consultant

Angela Miller, Clinical Director  
Nursing

Shayna Nagel, Clinical Manager

Jenn Gervasi, Ambulatory Infection  
Preventionist

### Regulatory Nurse Specialist Team

Stephanie Smith, Regulatory  
Specialist

Patrick Davis, Regulatory Specialist

### Hall Mercer LAI Clinic and Clozaril Management

Jeneane Johnson, MSN, RN

### Regulatory Nurse Specialist Team

Stephanie Smith, Regulatory  
Specialist

Patrick Davis, Regulatory Specialist

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Stephanie Smith, Regulatory  
Specialist

Patrick Davis, Regulatory Specialist

### OPC Practice Operations Team

Lynne McCreary, Director of  
Operations

Karima Williams, Practice Manager

Meredith Kroener, Administrator

Paul Burkat, M.D., Ph.D., FAPA

### To the Amazing CPUP Nursing Team

Thank you to Becky Fitzpatrick, Angela Miller, Shayna Nagel and Jenn Gervasi. You were the first to direct the project:

- joining meetings and site visits,
- pulling the stops out when we needed it most, and
- always valuing the benefits of safe and compassionate nursing care.

### To our Regulatory Nurse Specialist Team

Thank you to Stephanie Smith and Patrick Davis. You taught us everything (and more) about a DAAC Survey:

- Stephanie, with her knowledge and patience, moved us forward, pushing us up the hill, and
- Patrick, who brought us over the top, completed the survey. This was a big one, thank you!

### To the Pharmacy Team

Thank you, Danielle Burkhart, Laura Hallisey, Teresa Nguyen, Adrian Bythwood, and Alexia Tsikouras.

- Danielle who attended meetings and directed us to the 76th Street Specialty Pharmacy led by Laura and her dedicated team. This was a missing link for our clinic. You have all created a workflow that is dedicated and supportive for all of us. I am truly grateful for our partnership.

### To our very own dedicated PACE Team

*I don't think that was official, but it sure did feel that way.*

Thank you to Lisa Fogel and Andy Ross. You were always available to meet (sometimes on short notice) and supported all the challenges and changes we had to make in Epic. Thank you for all your training and Tips sheets. You were amazing!

### To the Hall Mercer LAI Clinic

Thank you to my RN colleague and friend Jeneane Johnson from Hall Mercer, who selflessly recommended me for the position, knowing that it would change her Medication Clinic workflow. For being a “nurse’s nurse” who puts patients and safety first and sharing her knowledge and answering the many questions we’ve asked and certainly all the future ones.

### To our OPC Practice Operations Team

Thank you to Lynn McCreary, Karima Williams and Meredith Kroener.

And special thanks to Paul Burkat, M.D., Ph.D., FAPA who had been working on this project the longest. I have had a front row seat to your determination and grit for this project. At times it was not easy, and we even felt like we had hit the wall. You did not give up, pushing even harder. I know you wanted the LAI Clinic for our patients and the prescribers, but I also saw how much you wanted it to work for me. Thank you, I am touched. We have finally made it to the finish line!



It has been over 2 years. This has been a project that brought many departments and talents together. Thank you all from the bottom of my heart for working so hard. I am excited to provide compassionate and safe care to our patients who depend on LAI's to improve their mental health and quality of life.



***Congratulations all around — this is a fantastic example of the powers of persistence and teamwork and will make a huge impact on the lives of some of our most ill patients.***

***--Katie Dalke***



***What a wonderful achievement! I really appreciate everyone's hard work and dedication to this project. Looking forward to learning more about the success of this clinic and the positive impact it has on the care we deliver to our patients!***

***---Olga Barg***

## DISCOVER DBT: MINDFULNESS

**JANUARY 9<sup>TH</sup>, 2026**

### Integrating Practical Tools into Everyday Practice

Dialectical Behavior Therapy (DBT) is a comprehensive, evidence-based model of care that reframes emotional dysregulation not as a deficit, but a matter of skill that can be learned and strengthened. While Comprehensive DBT is typically associated with high-risk and complex patients, DBT skills training as a standalone intervention has been shown to benefit a wide range of emotional, behavioral, and interpersonal challenges.

Designed for clinicians at any level of experience, this virtual workshop will help you learn and apply DBT Mindfulness skills as presented in the Linehan skills group training guide. This workshop offers concrete tools to enhance emotional awareness and effective decision-making for your patients and you.

DISCOVER DBT: MINDFULNESS focuses on foundational DBT skills that teach patients awareness of the world, themselves, and their emotions. Non-judgmental, effective skills use starts with Mindfulness!

**Facilitator: Hannah Sonnier, MS, LCSW** (they/them/she/her) has received intensive training and supervision in DBT from Linehan Board Certified clinicians, provides comprehensive and skills-training-only DBT, and is a member of the OPC DBT consultation team.

This new workshop series highlights their desire to increase access to DBT skills to improve patient outcomes and provider confidence across all scopes of practice.

REGISTER NOW AT [www.med.upenn.edu/dbt/ddbt](https://www.med.upenn.edu/dbt/ddbt)

DISCOVER DBT is a new workshop series for clinicians curious about DBT Skills

#### Mindfulness

**Distress  
Tolerance**

**Emotion  
Regulation**

**Interpersonal  
Effectiveness**

Medical and mental health professionals at all levels of experience are welcome



**PENN PSYCHIATRY**  
 Outpatient Psychiatry Center  
 DBT Program  
<https://www.med.upenn.edu/dbt/>

DISCOVER DBT is a new workshop series for clinicians curious about DBT Skills

Small group consultation is available to clinicians interested in deeper didactic and specific case consultation

Licensed providers who have attended at least one DDBT Workshop are welcome

CEUs will be provided

**PENN PSYCHIATRY**  
 Outpatient Psychiatry Center  
 DBT Program



<https://www.med.upenn.edu/dbt/>

## DISCOVER DBT: CONSULTATION

**JAN 16<sup>th</sup>- MAR 27<sup>th</sup>**

### Generalize Your Skills Knowledge

Group consultation consists of 10 weekly 90-minute virtual meetings with up to 5 licensed clinicians who are seeking case consultation on patients who might benefit from individual DBT skills training. Participants will participate in short didactic review of DBT skills, case discussion, and troubleshooting DBT skills training/use with individual clients.

**When: Fridays from 2:00-3:30pm EST**

**Where: Virtually**

Each period of consultation lasts for 10 weeks.

This session includes:

**January 16, 2026 to March 27, 2026 (No meeting 3/13/26)**

**Facilitator: Hannah Sonnier, MS, LCSW** (they/them/she/her) has received intensive training and supervision in DBT from Linehan Board Certified clinicians, provides comprehensive and skills-training-only DBT, and is a member of the OPC DBT consultation team.

REGISTER NOW AT [www.med.upenn.edu/dbt/ddbt](https://www.med.upenn.edu/dbt/ddbt)



## Great Performances



Professor Cory F. Newman, Ph.D., Director of the Center for Cognitive Therapy, presented a 4-hour live webinar (on November 7th) on the topic of "CBT Supervision" to the clinical supervisors of the Uniwersytet SWPS in Warsaw, Poland, a venue at which Dr. Newman previously has given workshops on-site in 2007, 2018, and 2023.



At Penn, Dr. Newman will be giving a free classical piano recital at the Amado Recital Hall of Irvine Auditorium on December

12th starting at 7:45 PM, including works by Bach, Schubert, Chopin, Brahms, Debussy, Prokofiev, and others.



## PRESS RELEASE – COMMONWEALTH OF PENNSYLVANIA

September 15, 2025

### COMMISSION ON CRIME AND DELINQUENCY RECOGNIZES INDIVIDUALS & PROGRAMS MAKING A DIFFERENCE FOR VICTIMS OF CRIME ACROSS THE COMMONWEALTH

Awards follow PCCD's recent approval of \$56M in federal funding to bolster victim service agencies and expand essential programs supporting survivors statewide



Dr. Sandy Capaldi has dedicated her career to advancing trauma-informed care for survivors through mental health treatment. As the Associate Professor of Clinical Psychiatry for the Center for the Treatment and Study of Anxiety at the University of Pennsylvania, she has trained professionals to deliver compassionate, survivor-centered care, while her leadership in the Prolonged Exposure Therapy (PE) Initiative has expanded access to effective PTSD treatment in community settings. Her work has built a model of integrated support that bridges healthcare, mental health, and victim services.

Click [here](#) to learn more.



**Find Us - Directory**  
**Penn Medicine – Penn Psychiatry**  
**Ambulatory Services**

| 3535 Market Street | 4040 Market Street | 245 South 8th Street | 3400 Spruce Street |

### Patient Care - (866) 301-4724

Ambulatory Programs	Philadelphia, PA	Floor	Suite
<b>Hospital of the University of Pennsylvania</b>			
<a href="#">Outpatient Psychiatry Center</a>	3535 Market Street	2 <sup>nd</sup>	
<a href="#">Psychiatry Faculty Practices</a>	3535 Market Street	2 <sup>nd</sup>	
<a href="#">Assessment Clinic</a>	3535 Market Street	2 <sup>nd</sup>	
<a href="#">Resident's Psychotherapy Practice</a>	3535 Market Street	2 <sup>nd</sup>	
<a href="#">Pain and Substance Use Disorder Psychotherapy Clinic</a>	3535 Market Street	2 <sup>nd</sup>	
<a href="#">General Ambulatory Practice</a>	3535 Market Street	2 <sup>nd</sup>	
<a href="#">The Long-Acting Injectable Clinic</a>	3535 Market Street		
<a href="#">Dialectical Behavioral Therapy</a>	3535 Market Street	2 <sup>nd</sup> & 5 <sup>th</sup>	
<b>The Clinical Practices of the University of Pennsylvania</b>			
<a href="#">Adult Autism Spectrum Program</a>	3535 Market Street	3 <sup>rd</sup>	
<a href="#">Center for Cognitive Therapy</a>	3535 Market Street	4 <sup>th</sup>	
<a href="#">Mood Disorders Treatment Center</a>	3535 Market Street	6 <sup>th</sup>	
<a href="#">Penn Center for Women's Behavioral Wellness</a>	3535 Market Street	3 <sup>rd</sup>	
<a href="#">Penn Intervention Psychiatry Network</a>	3535 Market Street	Mezzanine	50
<a href="#">Team Clinic</a>	3535 Market Street	5 <sup>th</sup>	500
<b>Penn Presbyterian Medical Center</b>			
<a href="#">Total Recovery at Penn Medicine</a>	4040 Market Street	2 <sup>nd</sup>	200 & 220
<a href="#">Center for Opioid Recovery and Engagement</a>	4040 Market Street	2 <sup>nd</sup>	200 & 220
<b>The Research Clinics with the Department of Psychiatry at the School of Medicine at the University of Pennsylvania</b>			
<a href="#">Center for the Treatment and Study of Anxiety</a>	3535 Market Street	6 <sup>th</sup>	
<a href="#">Center for Weight and Eating Disorders</a>	3535 Market Street	6 <sup>th</sup>	
<a href="#">Penn Medicine Autism Clinic</a>	3535 Market Street	3 <sup>rd</sup>	
<a href="#">Penn Psychosis Evaluation and Recovery Center</a>	3400 Spruce Street	10 <sup>th</sup>	Gates Pavillion
<b>Pennsylvania Hospital</b>			
<a href="#">Early Childhood Program (ECP) at Hall Mercer</a>	245 South 8 <sup>th</sup> Street		
<a href="#">The Pediatric Anxiety Treatment Center at Hall Mercer</a>	245 South 8 <sup>th</sup> Street		